

Lesson 2 TALKING ABOUT HABITS - GOOD & BAD

A LEAD-IN ►►

Do you like sports? Do you know any famous sports person, e.g. a runner, a basketball player or a football player? Together with your partner think of one or two questions you want to ask him or her.

B LISTENING



Mark listens to a Eurosport radio interview with a famous sports person.

Some parts were erased so listen carefully to the interview and complete the missing parts. Check your answers with your partner.

Interviewer (I): We are very happy to have such a famous person here today.

Guest (G): I am always happy to talk about sports with children!

I: How did you become so famous?

G: I practise a lot. I (1)____ well. I (2)____ healthily.
And, my family is always behind me.

I: How many hours do you (3)_____ each day?

G: Usually about (4)____ hours, plus I always go to the gym
to keep fit.

I: Is the (5)_____ you eat important?

G: Yes, it is very important for a (6)_____ player
to eat well, like any other professional sports person.

I: After a very successful career in Greece nearly winning
the world cup, you are now living in the States.
Do you enjoy life in Houston?

G: It's different but I like it very much. I sometimes miss home.
Of course I still (7)_____ for Greece and I often come to Athens.

I: What do you (8)_____ in the evenings in Houston?

G: I often (9)_____ Greek films!!

I: What do you have to recommend to young children
who want to play basketball at a professional level?

G: You can be successful only if you always (10)_____
very hard and you are passionate about the game.
And of course you need to be talented as well.

I: Thank you. It was a pleasure having you here.



C WRITING



Now read the interview in Activity B. Underline all phrases that show what he usually does. Then write them in the spaces provided below. Put the good habits on the left and on the right you can write some bad habits for a sportsman you can think of. Compare your answers with those of your partner. Then write a statement about how good habits help a player become a famous sports person.

Good habits

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Bad habits

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D WRITING & SPEAKING



Discuss with your partner and write down three things that you think are **bad habits** for a sports person to have. Note: the same bad habits can apply to many different sports. Then compare your answers with those of other pairs and see how many things you have in common. Make a class poster with bad habits for a sportsperson.

1. swimming To have a big meal before going swimming.
2. football _____
3. basketball _____
4. other _____



E VOCABULARY



In 2005 Pél  , the famous footballer, visited Xanthi to open the new sports stadium. Imagine a famous person is coming to your town and you want to interview him/her. Look at the interview again (Activity B, p. 30) and find what phrases you could use when:



- We want to welcome someone
- We want to answer back in a polite way
- We want to ask if someone likes the place he/she lives in
- We want to know what we can do to be better
- We want to end an interview

Adverbs of frequency

We use the adverbs of frequency to show how often we do things.

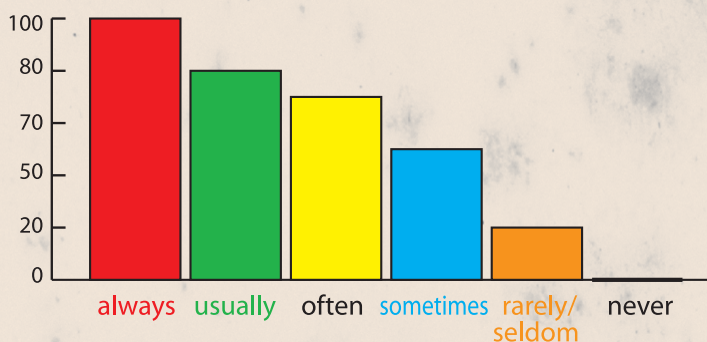
GRAMMAR
FOCUS

How often?

He always brushes his teeth in the morning.....	100%
They usually eat out on Sundays.	80%
She often plays tennis at weekends.	70%
I sometimes go to the theatre in winter.	50%
It rarely/seldom snows in Athens	20%
He never eats vegetables and that's bad.	0%

Look at this:

He **usually** wakes up early.
He is **never** late.
He doesn't **always** go to work
by car. Where do you
usually spend your summer
holidays?



F PUPILS' DAILY HABITS

Let's think about pupils' habits. Look at the questionnaire below and tick what's true for you.

QUESTIONNAIRE

Do you enjoy school? Find out if you have good or bad habits and see what you can do to become better at school. Put a tick next to the answer that is appropriate for you.

1. How often are you late for school?

a. ☐ often

b. ☐ never

c. ☐ sometimes

2. How often do you forget to do your homework?

a. ☐ always

b. ☐ usually

c. ☐ sometimes

3. Do you do your projects?
a. ☐ always b. ☐ sometimes c. ☐ never
4. Do you follow your teacher's advice?
a. ☐ usually b. ☐ seldom c. ☐ sometimes
5. Do you ask your teacher to help you understand difficult things?
a. ☐ sometimes b. ☐ seldom c. ☐ never
6. How often do you look up things in dictionaries , encyclopedias,
the internet , biographies, etc.
a. ☐ seldom b. ☐ sometimes c. ☐ usually
7. How often do you let your parents/sisters and brothers/friends do your
homework for you?
a. ☐ never b. ☐ often c. ☐ sometimes
8. Do you watch TV late at night instead of going to bed?
a. ☐ often b. ☐ always c. ☐ never

G

WRITING & SPEAKING



You will prepare a class survey. On a separate piece of paper

- 1) Write down how many pupils in your classroom answered often / usually / never / seldom / sometimes / always.
- 2) Then in pairs, for each question, draw and colour a pie chart, like the one on the right. The pie represents the whole class.
- 3) What conclusions can you come to about the "personality"/profile of your class?
- 4) Discuss with your teacher about other charts you can use.



H

PORTFOLIO



EITHER Imagine you are a reporter from the school newspaper. You are writing a similar interview with a famous person you like and admire, like the one in Lesson 2, page 30. It can be an interview with an athlete, a singer, an actor/ actress, a writer, a painter, etc.

Write 4 or 5 questions and add the answers you got. Use magazines, newspapers, encyclopedias, the Internet, or the class books for your Greek lessons – eg. Anthologio for information.

You can add drawings, magazine pictures or anything else that can make your writing look nice.

OR Make a list of your good and bad habits. Think about school, home, friends, parents, pets. Make a list of them on a cardboard to put in the classroom. You can add that piece of writing in your portfolio.