

Unit 5:

Habits and customs



In this unit you will learn to:

- ✓ Talk about personal habits
- ✓ Talk about customs

Strategy corner - Writing

When I'm trying to write a text...	Yes	No
I never make a plan, it's boring		
I always make a plan, it helps me organize my thoughts		
I always ask my teacher for the words I don't know. I can't write well, if I don't know all the words I need		
I don't worry about unknown words, I try to use other words		
It helps me to talk about the writing task in class and write questions/prompts about it		
It's better for me to work in groups or pairs		
It's better for me to work alone		

Lesson 1:



It's only a dream!

1 Warm - up

☀ Do you brush your teeth every day? Do you always do your homework? Do you play football or computer games? How often do you do these things?

2 Listen, read and find


Betty and Sophia are talking. Betty is telling Sophia about a dream she sometimes has. Listen, read and find out: "What's Betty's favourite story?"

Betty: ... and I sometimes have this dream! In my dream I live in Neverland, Peter Pan's island. There, I always wake up at 10 o'clock in the morning and I never go to school and, of course, I never do any homework. Every morning I fly over Captain Hook's ship with Peter Pan and Tinker Bell and in the afternoon I often play games with the Lost Boys, Peter Pan's friends. My favourite game is cake war. The Lost Boys are so funny! We sometimes explore the island together and come back to our cave late at night. So, I always go to bed late and I never brush my teeth.

Sophia: Wow! I really like this life!

Betty: Yes, I like it, too, but then I wake up and I realize it's only a dream.....



 You've got 1 minute to find the secret word. It's what Betty has for lunch with Peter Pan and the Lost Boys. Write the word:Then, count the letters and write down your score:

3



New words!

In her dream, Betty talks about things she does at Neverland. But at home, she does other things. Look at the pictures and match them to the phrases:



- a) take a bath, b) take exercise, c) get up early,
 d) go to bed early, e) clean up my room, f) wash my hands,
 g) brush my teeth, h) do my homework, i) make my bed

- 1) 2) 3) 4) 5)
 6) 7) 8) 9)

4



Write and speak

What do *you* do at home? Is *your* life like Betty's life in her dream? Talk about four things you do or don't do at home. Use these words and phrases:

always / every day

often

sometimes

never

wash my hands, do my homework, eat ice cream, make my bed, play computer games, watch TV, get up early, go to bed early, clean up my room, brush my teeth, take exercise, take a bath



- 1
- 2
- 3
- 4

Report your sentences to the class. Then you can **play a game!**

Bingo:

Tick four boxes and listen to your teacher. If he/she says all of your sentences, you are the winner. **But, remember!** You have to report your sentences to the class!

Betty	always	often	sometimes	never
does her homework				
brushes her teeth				
makes her bed				

5



Listen and sing

*I never brush my teeth
I never have a bath
I always watch TV
and play in the park
I'm Betty the bad kid
Oh, No! It's just a dream!*

*I never clean my room
I never help my mum
I always get up late
and play in the sun
I'm Betty the bad kid
Oh, No! It's just a dream!*



6  Listen and tick

Sophia is asking Betty about her real life. Listen and tick the correct box.

		<i>always</i>	<i>often</i>	<i>sometimes</i>	<i>never</i>
1					
2					
3					
4					
5					
6					
7					

7  Let's play!

Crazy pairs:

Write one of your habits on a slip of paper (e.g. I eat ice cream). Then, fold the paper so that nobody can read it. Exchange papers with a partner, but **don't read** his/her paper. Now, write a word/phrase for how often (e.g. never, every day, every Monday) on the back of the slip. Read the sentences out in class. Are they crazy?



<i>Remember!</i>	I always brush my teeth in the morning
	I usually play computer games at the weekends
	Betty often makes her bed
	Betty never watches TV on Mondays