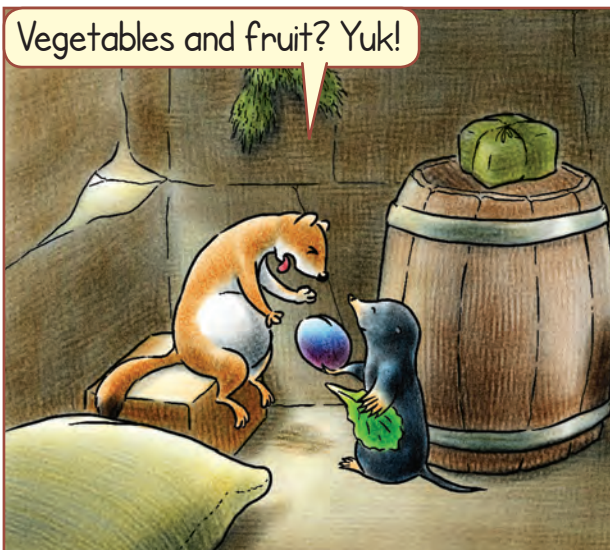




Lesson 3: The right kind of food

Listen and read.





1. Who says that? Cole, the mole, or Easel, the weasel? Listen and say.



- | | | | |
|--|-----------------|---|----|
| 1. Come on! Have a bite! | Cole, the mole. | Eat your vegetables and fruit. That's the right kind of food. | 5. |
| 2. Vegetables and fruit? Yuk! | | I'm thin again! I'm out of here! | 6. |
| 3. Mmmm! Cole, my friend, you're right! | | Eating right can make you happy! | 7. |
| 4. Oh, no, my friend! Please don't pout! | | Look! I'm so fat! | 8. |



2. Listen and match.



Four panels (A, B, C, D) showing a weasel character holding a calendar. The calendar lists days of the week with corresponding food items: Monday (berries), Tuesday (pears), Wednesday (cherries), Thursday (pears), Friday (cherries), Saturday (pears), Sunday (berries). Panel B has a speech bubble with the letter 'B' and a red arrow pointing to the calendar.

3. Read and find the right picture.



Three options (A, B, C) for matching the text. Each option shows a weasel character with a calendar and a speech bubble.

- A: Weasel with a green hat, holding a calendar with 'MTWTFSS' and a checkmark. Speech bubble: "I'm not fat. Look at my red hat! My tummy is full with red cherries, green pears and blue berries. I'm tall and thin like a pin. It's Sunday today! Hooray! Hooray!"
- B: Weasel with a red hat, holding a calendar with 'MTWTFSS' and a checkmark. Speech bubble: "I'm not fat. Look at my red hat! My tummy is full with red cherries, green pears and blue berries. I'm tall and thin like a pin. It's Sunday today! Hooray! Hooray!"
- C: Weasel with a red hat, holding a calendar with 'MTWTFSS' and a checkmark. Speech bubble: "I'm not fat. Look at my red hat! My tummy is full with red cherries, green pears and blue berries. I'm tall and thin like a pin. It's Sunday today! Hooray! Hooray!"

I'm not fat.
Look at my red hat!
My tummy is full with red cherries,
green pears and blue berries.
I'm tall and thin like a pin.
It's Sunday today!
Hooray! Hooray!

Unit 4: The weasel and the mole



4. What's the right kind of food? Choose and say.

1. a b	2. a b	3. a b	4. a b	5. a b	6. a b
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5. What do you eat?

On Monday, I have cheese with bread.

On Tuesday, I eat eggs...

What about you?

MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY
SATURDAY
SUNDAY



6. Listen, match and sing.



Round and round the cellar wall
runs the greedy weasel.
The mole thinks it's all for fun.
Pop! Goes the weasel.

Some goodies for your hungry friend,
some cherries for the weasel.
That's the way the story goes.
Pop! Goes the weasel.

"Some fruit and vegetables, my friend?"
asks the hungry weasel.
That's the way the story ends.
Pop! Goes the weasel.

